

Achieve Life Coaching

Christian Life Coaching

Susan Brackley

(professionally certified life-coach)

Coaching Disclaimer & Waiver

All coaching services and communication phone, email, chat, live, video, or otherwise, delivered by Achieve Life Coaching as well as information on the website, Achievelifecoaching.com are meant to help you identify the areas in your life and in your thinking that may be standing in your way. However, coaching is not mental health care or medical care. If you feel psychologically stressed to the point that it is interfering with your ability to function, please seek the help you need in the form of a professional counsellor or therapist. Coaching may augment your therapy, but the work of coaching is meant to be done when major emotional and psychological wounds are already healing or healed.

In agreement with that, by purchasing coaching services from your Coach, you confirm that you have read and agreed to each statement and that you wish to proceed:

- I understand that the coaching services I will be receiving from my Coach are not offered as a substitute for professional mental health care or medical care and are not intended to diagnose, treat, or cure any mental health or medical conditions. I also understand that my Coach is not acting as a mental health counsellor, therapist, or a medical professional. _____
- I understand that coaching is, at present, an unregulated industry and that my Coach is not licensed by any internationally recognized regulator. _____
- I understand and agree that I am fully responsible for my well-being during my coaching sessions, and subsequently, including my choices and decisions. I do not hold my Coach responsible for my decisions. _____
- I understand that coaching is not a substitute for counselling, psychotherapy, psychoanalysis, mental health care, or substance abuse treatment, and I will not use it in place of any form of therapy. _____
- I understand that all comments and ideas offered by my Christian Life Coach are solely for the purpose of aiding me in achieving my defined goals. I have the ability to give my informed consent, and hereby give such consent to my coach to assist me in achieving such goals and aims. However, I agree that it is totally my own choice and responsibility to decide how to apply or not apply coaching. _____
- I understand that to the extent our work together may involve career or business, my Coach is not promising outcomes included but not limited to increased clientele, profitability, and or business success. _____
- I understand that my Coach will protect my information as confidential unless I state otherwise in writing. If I report child, elder abuse or neglect or threaten to harm myself or someone else, I understand that necessary actions will be taken, and my confidentiality agreement limited in this capacity. Furthermore, if my Coach is ordered by a court to provide information or to testify, they will do so to the extent of that the law requires. _____
- I understand that the use of technology is not always secure, and I accept the risks of confidentiality in the use of email, text, phone, Skype and any other technology. I will not hold my Coach accountable for any outside breaches. _____

• If I ever meet my Coach in a person to person session or meeting in her home, office, or home office, or anywhere on her physical property; I agree that if I get injured in any way that I will not sue or collect any recompense or allow my own personal insurance/s to collect for physical harm or damages done to my body or any of my possessions. I take full responsibility upon myself. _____

• I hereby release, waive, acquit and forever discharge my Christian Life Coach (Susan Brackley), any agents, successors, assigns, personal representatives, executors, heirs and employees from every claim, suit action, demand or right to compensation for damages I may claim to have or that I may have arising out of acts or omissions by myself or by my Coach as a result of the advice given by my Coach or otherwise resulting from the coaching relationship contemplated by this agreement. I further declare and represent that no promise, inducement, or agreement not expressed in this agreement has been made to me to sign this agreement. This agreement shall bind my heirs, executors, personal representatives, successors, assigns, and agents. _____

• I hereby agree with everything included on this Coaching Disclaimer and Waiver and if there was anything, I did not fully understand I agree that Achieve Life Coaching has given me ample time and has in fact encouraged me to take this to a Lawyer to explain and clarify to me. I agree that I *do* understand all that is included in this Coach Disclaimer and Waiver and that I am not being forced against my will to sign it. _____

Printed full Name: _____ Date: _____

If you need to cancel an appointment, please provide at least 24 hours' notice or you will be charged for the appointment. If you miss an appointment you will be responsible to pay for the session that you missed. _____

Achieve Life Coaching Disclaimer and Waiver agreement Client's signature –

In signing here, I state that I have read, understand, and agree with the entire Achieve Life Coaching Disclaimer and Waiver.

Signature: _____ Date: _____

Driver's license number _____ State _____